

# Best Bikers

how it works

1

Choose

2

Explore

3

Design

4

Share!

“The children were able to get to grips with a complex computer drawing program. They loved learning the new skills and soon got the hang of creating wonderful drawings.”

ICT Co-ordinator Cyril Jackson Primary School



## New ICT workshops to promote cycling and healthy, sustainable living in your school

You decide on the bike theme that's important to your school. *Bike to School, Healthy Living, Congestion & CO2 Emissions at your School Gate* are just some of the possibilities.

Your children have the fun and challenge of exploring and developing your theme with ArtSpokes. Then we all talk about design and the children sketch their ideas.

With ArtSpokes the children learn to create designs on the computer using our free professional software. Designs can be for stickers, posters, banners, T-shirts, calendars ..... You choose.

The children share their ideas and work with their classmates and parents in assembly or at a special event. Everyone gains from being better informed and more motivated.



Fastest Bike Ever, Olympic 2012 poster by Sajid, age 8

### Your children can

- Be fitter, healthier, safer and more informed.
- Learn computer drawing and design in a fun and imaginative way and improve their ICT proficiency.
- Develop language & problem solving skills, team work & public speaking.

### Our workshops help you

- Integrate Active and Safe Travel into your Curriculum.
- Attain Sustainability and Healthy School criteria.
- Involve parents to achieve a bigger and more sustainable change.

### You can be creative too!

ArtSpokes also run one hour introductory workshops on the software for teachers.

#### Book a workshop

E [admin@artspokes.com](mailto:admin@artspokes.com)

M 07711 534 099

[www.artspokes.com](http://www.artspokes.com)

Best Bikers has been honed with the support of teachers and children in primary schools in Tower Hamlets. Thank you.